

What can I do with a major in “Exercise and Sport Science”?

The University of Georgia Career Center

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This information describes typical occupations and employment settings associated with this major. Understand some of these options may require additional training. Moreover, you are not limited to these options when choosing a possible career path.

Description of Exercise and Sport Science

The undergraduate major in Exercise and Sport Science is designed to provide students an in-depth exposure to the scientific basis of physical activity, exercise and sport. Knowledge and skills related to exercise and sport biomechanics, physiology, psychology, epidemiology; athletic training; physical fitness and conditioning; statistics and measurement theory; and other associated areas are obtained through prescribed and elective course work, independent study, and laboratory and field experience.

Research Careers

Georgia Career Information Center <http://www.gcic.peachnet.edu> (accessible only on campus computers) O*NET <http://online.onetcenter.org> (click on Find Occupations) Occupational Outlook Handbook <http://www.bls.gov/oco> (type in general term for career of interest) Alberta Occupational Profiles <http://www.alis.gov.ab.ca/occinfo/frameset.asp> (click on Occupational Title Search) *Please visit the Career Center Library or your Career Consultant if you need additional information or assistance.

Possible Job Titles of Exercise & Sport Science Graduates

(*Jobs secured as reported by UGA Career Center post-graduate survey)

Aerobic Instructors	Fitness Center Director*	Regional Medical Scientist*
Assistant Athletic Trainer*	Fitness Specialist*	Research Assistant*
Assistant Professor*	Health Coordinator*	Sports Instructors
Asst. Wellness Director*	Health Management Assistant*	Teacher*
Cardiac Therapist*	Hospital Wellness	Therapy Tech*
Clinical Research Associate*	Kinesiotherapists	Trainer*
Coach*	Lab Technician*	Victims Advocate*
Coordinator of Client Services*	Lawyer*	Wellness Coordinator*
Director of Sports Medicine*	Manager of Health Club*	
Director/Health & Rehab.*	Personal Trainer*	
Exercise Physiologist*	Pharmaceutical Sales Repr*	
Exercise Professional*	Physical Fitness Specialist*	
Exercise Specialist*	Physical Therapy Aide	
Fitness Associate*	Physical Therapy Technician*	

Possible Employers of Exercise & Sport Science Graduates

(*Jobs secured as reported by UGA Career Center post-graduate survey)

AstraZeneca	Glaxo Wellcome*	Physical Therapy Associates*
Pharmaceutical*	Gwinnett Hospital Systems*	Physiotherapy Associates*
Athens Regional Medical Ctr.*	Health South*	Rehabilitation Serv of Tifton*
Cardio Perfect*	Houston Clinic*	Rural Development Center*
Classic City Gymnastics*	Madison Fitness Center*	Sports Authority*
Corporate Sports Unlimited*	Marcus Autism Center*	Tidewater Physical Therapy, Inc.*
Dekalb Medical Center*	Maxim Healthcare Services*	United States Army*
Dougherty County Schools*	Mosley Prichard Parrish Knight and Jones*	United States Navy*
Dunwoody Country Club*	NACDA Consulting*	The University of Georgia*
Edward Cardiovascular Inst.*	One To One Fitness*	White Oak Plantation*
Fort Jackson Comm. Act. Ctr.*	Parks and Recreation Depart.*	

Career Center Library Resources

Careers in Focus: Sports- 2nd Edition by Ferguson

Mulligan Guide to Sports Journalism Careers by Mulligan, Joseph F.

Opportunities in Sports & Athletic Careers by Heitzmann, M. Ray

Campus Resources

The Department of Kinesiology - <http://www.coe.uga.edu/exs/>

Rho Tau- <http://www.uga.edu/rhotau/>

Sports Medicine Club - ugaathletictrainingclub@gmail.com

Pre-Physician Assistant Club - ugaprepaclub@gmail.com

Employment Websites

American College of Sports Medicine - <http://www.acsm.org/>

American Fitness Professionals and Associates - <http://www.afpafitness.com/>

Aerobic and Fitness Assn. of America - <http://www.afa.com>

American Kinesiotherapy Association - <http://www.akta.org>

American Physical Therapy Association - <http://www.apta.org/>

American Running Association - <http://www.americanrunning.org/>

Cool Works - <http://www.coolworks.com/>