This information describes typical occupations and employment settings associated with this major. Understand that some of these options may require additional training. Moreover, you are not limited to these options when choosing a possible career path.

**Description of Exercise and Sport Science**
The undergraduate major in Exercise and Sport Science is designed to provide students an in-depth exposure to the scientific basis of physical activity, exercise and sport. Knowledge and skills related to exercise and sport biomechanics, physiology, psychology, epidemiology; athletic training; physical fitness and conditioning; statistics and measurement theory; and other associated areas are obtained through prescribed and elective course work, independent study, and laboratory and field experience.

*Students interested in Physical Therapy, Occupational Therapy, Physician Assistant or additional Medical fields often pursue Exercise and Sport Science as a major.

**Researching Job Titles and Careers**
- **O*NET** [http://online.onetcenter.org](http://online.onetcenter.org) (click on Find Occupations)
- **Occupational Outlook Handbook** [http://www.bls.gov/oco](http://www.bls.gov/oco) (type in general term for career of interest)
- **Georgia Career Information Center** [http://www.gcic.peachnet.edu](http://www.gcic.peachnet.edu) (accessible only on campus computers)
- **Career Insider: Vault Guides** [http://career.uga.edu/resources/online_resources](http://career.uga.edu/resources/online_resources) (Under the “Resources” tab and select “Online Resources”)
- **Candid Career** [http://career.uga.edu/resources/online_resources](http://career.uga.edu/resources/online_resources) (View professionals speaking about their careers under the “Resources” tab and select “Online Resources”)

**Possible Job Titles**
- Aerobic Instructors
- Assistant Athletic Trainer
- Assistant Wellness Director
- Cardiac Therapist
- Cardiopulmonary Exercise Technician
- Clinical Research Associate
- Coach
- Coordinator of Client Services
- Director of Sports Medicine
- Director of Health & Rehab
- Exercise Physiologist
- Exercise Professional
- Exercise Specialist
- Fitness Associate
- Fitness Specialist
- Health Club Manager
- Health Coordinator
- Health Management Assistant
- Hospital Wellness
- Kinesiotherapists
- Lab Technician
- Lead Instructor
- Occupational Therapist Aid
- Personal Trainer
- Personal Trainer Assistant
- Pharmaceutical Sales Rep
- Physical Fitness Specialist
- Physical Therapy Aide
- Physical Therapy Technician
- Regional Medical Scientist
- Research Assistant
- Sports Instructors
- Strength & Cond. Intern

**Possible Employers**
- AstraZeneca Pharmaceutical
- Athens Personal Fitness
- Athens Orthopedic Clinic
- Athens Regional Medical Center
- Cardio Perfect
- Classic City Gymnastics
- Corporate Sports Unlimited
- DeKalb Medical Center
- Dougherty County Schools
- Dunwoody Country Club
- Edward Cardiovascular Institute
- Emerald Paving Company
- Georgia Sports Chiropractic
- Glaxo Wellcome
- Gwinnett Hospital Systems
- Health South
- Houston Clinic
- Madison Fitness Center
- Marcus Autism Center
- Maxim Healthcare Services
- Metabolic Testing Services
- Mosley Prichard Parrish
- Knight and Jones
- NACDA Consulting
- One to One Fitness
- Perimeter Spine and Rehabilitation
- Center
- Physical Therapy Associates
- Physiotherapy Associates
- Rehabilitation Serv of Tifton
- Rural Development Center
- Sens OC Volleyball Club
- Tidewater Physical Therapy, Inc
- United States Army
- United States Navy
- The American Boot Camp Company
- The Coca-Cola Company
- The University of Georgia
- UGA Football
- White Oak Plantation
To learn what types of positions and companies UGA students are working with, see the UGA Career Center Post Graduation Survey at www.career.uga.edu/gradsurveyresults/ and search for alumni on LinkedIn at www.linkedin.com.

Campus Resources
The Department of Kinesiology http://www.coe.uga.edu/exs/
Rho Tau - The University of Georgia’s Pre-Physical Therapy Student Organization http://www.uga.edu/rhotau/
Omega Tau - The University of Georgia’s Pre-Occupational Therapy Student Organization Email: ugaomegatau@gmail.com
Sports Medicine Club Email: ugapsportsmedicineclub@gmail.com
Pre-Physician Assistant Club Email: ugaprepaclub@gmail.com
To find additional clubs and organizations, go to the Center for Student Organizations at www.career.uga.edu/find/index.html
Connect with your Career Consultant http://career.uga.edu/contact#careerconsultants

Employment Websites
GENERAL:
CareerSearch http://career.uga.edu/resources/online_resources (Research employers by location and/or industry)
DAWGlink www.career.uga.edu/ (login with your UGA MyID and password)
GoinGlobal (To access GoinGlobal, login to your DAWGlink account)
Idealist www.idealist.org/ (nonprofit jobs)
USAJobs www.usajobs.gov/ (federal jobs)

MAJOR/CAREER SPECIFIC:
American College of Sports Medicine http://www.acsm.org/
National Athletic Trainers’ Association http://www.nata.org
National Strength & Conditioning Association http://www.nsca.com/Home/
The Corporate Health & Wellness Association http://www.healthandwellnessassociation.com/
Collegiate Strength & Conditioning Coaches Association http://www.cscca.org/
Cool Works http://www.coolworks.com

For college/university positions:

Professional Information Resources
Athletic Training Board of Certification http://www.bocatc.org
Aerobic and Fitness Association of America http://www.afaa.com/
American Academy of Physician’s Assistants http://www.aapa.org
American Alliance of Health, Physical Education, Recreation and Dance http://www.aahperd.org
American Fitness Professionals and Associates http://www.afpafitness.com/
American Heart Association http://www.heart.org/HEARTORG/
American Occupational Therapy Association http://www.aota.org
American Physical Therapy Association http://www.apta.org
American Physiological Association http://www.the-aps.org/
Association for the Advancement of Applied Sport Psychology http://www.aaasp.org
Medical Fitness Association http://www.medicalfitness.org

Tip: Join LinkedIn groups that are related to your career interest. Need help finding groups? Check out the Groups You May Like link under the Interests/Groups tab. Review the groups that professionals in your field of interest have joined and consider joining them as well.

Additional Career Consultant Recommendations:
Students interested in Physical Therapy, Occupational Therapy, Physical Assistant or Medical School:
- Know the pre-requisites for entry into these programs.
  - PT School http://www.ptcas.org/ProgramPrereqs/
  - Classes/Program of Study for Emphasis Areas http://www.coe.uga.edu/kinesiology/students/undergraduate/advisement/exercise-and-sport-science-major-advisement/program-plans-for-at-and-ess-majors-for-various-career-goals/
- Get Experience/Shadow/Volunteer
  - UGA’s Intern For a Day http://128.192.106.66/job_search/internships/intern_for_a_day
  - Athens Regional Health System http://www.athenshealth.org/rehabilitation-shadowing
  - St. Mary’s Health Care System http://www.stmarysathens.org/professionals/volunteering/
○ **Seek out family or friends** for additional shadowing opportunities. Pick up the phone and call! Here’s a script for help found on page 17- [http://career.uga.edu/uploads/documents/UGACareerGuide.pdf](http://career.uga.edu/uploads/documents/UGACareerGuide.pdf)