

## What can I do with a major in “Nutrition Science”?

### The University of Georgia Career Center

Clark Howell Hall, 706-542-3375, [www.career.uga.edu](http://www.career.uga.edu)

Department of Foods and Nutrition

[http://www.fcs.uga.edu/fdn/undergraduate/nutrition\\_science.html](http://www.fcs.uga.edu/fdn/undergraduate/nutrition_science.html)



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*This information describes typical occupations and employment settings associated with this major. Understand some of these options may require additional training. Moreover, you are not limited to these options when choosing a possible career path.*

#### **Description of Nutrition Science**

The program of study in Nutrition Science is designed for students who are interested in training for careers in health-related fields and who wish to understand the basis for nutrient functions and human nutrient requirements. Nutrition Science is an integrative discipline that requires specialized training in the roles of nutrients in supporting functions of the body and all its parts, from the whole person to the organ systems and their constituent cells.

The mission of the faculty of Nutrition Science is to train students who will be competitive for admission to graduate degree programs in research, medicine, and the allied health sciences. Nutrition Science offers superb preparation for students who would like to pursue careers in biomedical research or in the medical professions, including human or veterinary medicine, dentistry, nursing, or physical therapy. Each of these disciplines requires specialized graduate training. Most people who are employed in the biomedical sciences in universities and governmental laboratories have earned doctorates in their field of specialization.

#### **Research Careers**

Georgia Career Information Center <http://www.gcic.peachnet.edu> (userid: ugacpp & password: gcis889)

O\*NET <http://online.onetcenter.org> (click on Find Occupations)

Occupational Outlook Handbook <http://www.bls.gov/oco> (type in general term for career of interest)

Alberta Occupational Profiles <http://www.alis.gov.ab.ca/occinfo/frame.asp> (click on Occupational Title Search)

*\*Please visit the Career Center Library or your Career Consultant if you need additional information or assistance.*

#### **Possible Job Titles of Nutrition Science Graduates**

Community Health Educator  
Director of Food and Nutrition Services  
Family Services Counselor  
Food Service Manager

Nutrition Consultant  
Office Manager  
Personal Trainer

#### **Possible Employers of Nutrition Science Graduates**

Assisted Living Facilities  
Athletic Teams  
Community Centers  
Corporations  
Exercise and Fitness Centers  
Food Manufacturers  
Food Publications  
Health and Recreation Clubs

Health Management Organizations  
Long Term Care  
Pharmaceutical Companies  
Private Practice  
Public and Home Health Agencies  
State Nutrition Services  
Universities

#### **Career Center Library Resources**

*Career Opportunities in Health Care*

*Health Care Job Explosion*

*Peterson's Job Opportunities for Health and Science Majors*

*WetFeet Insider Guide to Industries and Careers for Undergrads*

## **Campus Resources**

**UGA Family and Consumer Science Cooperative Extension** - <http://www.fcs.uga.edu/extension/>  
**College of Family & Consumer Sciences Student Services** - <http://www.fcs.uga.edu/ss/index.html>  
**UGA Premedical Studies Program** - <http://premed.uga.edu/>  
**GHSU/UGA Medical Partnership** - <http://medicalpartnership.usg.edu/>

## **Employment Websites**

**American Dietetic Association** - [www.eatright.org/](http://www.eatright.org/)  
**HealthCareers.net** - <http://www.healthcareers.net/careers/>  
**Public Health Employment Connection** - <http://cfusion.sph.emory.edu/PHEC/phec.cfm>  
**Science Careers** - <http://sciencecareers.sciencemag.org/>  
**USAJOBS** - <http://www.usajobs.gov/>  
**Idealist** - <http://www.idealist.org/>

## **Additional Resources**

**Nutrition.gov** - <http://www.nutrition.gov>  
**Health.gov** - <http://health.gov/>  
**Food Safety.gov** - <http://www.foodsafety.gov/>  
**The Food and Nutrition Information Center** - <http://fnic.nal.usda.gov>  
**U.S. Food and Drug Administration, Food** - <http://www.fda.gov/Food/default.htm>  
**World Health Organization** - <http://www.who.int/en/>  
**National Institutes of Health** - <http://www.nih.gov/>  
**CDC** - <http://www.cdc.gov>  
**LinkedIn** - <https://www.linkedin.com>