

UGA MENTOR PROGRAM ACTIVITY

Objective

The objective of this UGA Mentor Program activity is to familiarize students with the UGA Mentor Program and encourage them to join the program as a mentee. By the completion of this activity, students should be able to:

1. Complete a self-assessment to reflect on goals related to finding a mentor
2. Identify the UGA Mentor Program Website and search for a UGA alumni, faculty, or staff mentor using a variety of search criteria, including: identity, industry, major, location, and more
3. Enhance the mentoring relationship using guidelines, icebreakers, and resources

Assignment

1. Complete this [Life Plans and Goals worksheet](#).
2. Visit <https://mentor.uga.edu/> and create your mentee account if you haven't already.
3. Watch the [UGA Mentee Orientation Video](#).
4. Request a mentor for a Quick Chat. Refer to this [step-by-step guide](#) for instructions.
5. Schedule a time for your Quick Chat with your mentor and develop questions for your time together in advance. Refer to this [Quick Chat Guide](#) for ideas.
6. After your Quick Chat, schedule time with your supervisor to share your takeaways from your Quick Chat!

Resources

- [UGA Mentor Program Website](#)
- [How to Request a Mentor](#)
- [UGA Mentor Program Resources](#)