

What can I do with a major in Health and Physical Education

The University of Georgia Career Center

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This information describes typical occupations and employment settings associated with this major. Understand that some of these options may require additional training. Moreover, you are not limited to these options when choosing a possible career path.

Description of Health and Physical Education

The Bachelor of Science degree in Health and Physical Education qualifies a student to seek certification in health and physical education in elementary, middle and secondary school in Georgia. The mission of the physical education teacher education (PETE) program at The University of Georgia is to prepare teachers who possess curricular and pedagogical content knowledge that will enable them to teach individuals to be physically active for a lifetime. The Physical and Health Education Teacher Certification Program at the University of Georgia is a certification only program. This means that all students who begin the program will not have the option to graduate with a degree in Physical and Health Education without being certified to teach in the state of Georgia.

Researching Job Titles and Careers

O*NET <http://online.onetcenter.org> (click on Find Occupations)

Occupational Outlook Handbook <http://www.bls.gov/oco> (type in general term for career of interest)

Georgia Career Information Center <http://www.gcic.peachnet.edu> (accessible only on campus computers)

Career Insider: Vault Guides http://career.uga.edu/resources/online_resources (Under the “Resources” tab and select “Online Resources”)

Candid Career http://career.uga.edu/resources/online_resources (View professionals speaking about their careers under the “Resources” tab and select “Online Resources”)

Possible Job Titles

Academic Advisor	Assistant Facilities Coordinator	
Account Executive	Bench Club Facility Manager	
Assistant Baseball Coach	Certified Educator	Health & Physical Ed Teacher
Assistant Football Coach	Conferences & Leagues	Human Resources Manager
Assistant Golf Coach	Coordinator of Client Services	Marketing Manager
Assistant Gymnastics Coach	Corporate Sponsorship	Operations Coordinator
Assistant Soccer Coach	Director of Sports Marketing	Promotions Coordinator
Assistant Women’s Basketball Coach	Director/Program Promotions	Promotions Manager
Assistant Strength & Conditioning	Health Educational Leader	Sponsorship Rep
Assistant Director of Event Management	Health & Fitness Industry	Teacher/Athletic Trainer
	Health Coordinator	Teacher/Coach

Possible Employers

American Hole’N’One	National Association Intercollegiate	US Military Academy
Bollettieri Sports	Athletics	Univ. of West Alabama
Chipola Junior College	Oconee County Schools	University of Dayton
Cobb County School District	Peach Bowl	University of Houston
Disney Sports Attractions	Pinellas County Schools	University of Richmond
Fitness Centers	Rockdale County Schools	University of South Carolina
Georgia Southern University	Sea Island Company	Walker County School Sys
Gwinnett County Schools	Showcase Event Group	Walnut Grove Elementary
HealthMPowers	Sonnenalp Resort	West Point Military Academy
Marcus Autism Center	The University of Georgia	Winder-Barrow Schools
NACDA Consulting	UGA Athletic Association	
Nashville Arena/Leisure Management	US Army	

To learn what types of positions and companies UGA students are working with, see the UGA Career Center Post Graduation Survey at www.career.uga.edu/gradsurveyresults/ and search for alumni on Linked In at www.linkedin.com.

Campus Resources

The Department of Kinesiology <http://www.coe.uga.edu/exs/>

Kappa Delta Epsilon (KDE) <http://www.uga.edu/kde/>

Kappa Delta Pi (KDPi) <http://www.kdp.org/>

Rho Tau- The University of Georgia's Pre-Physical Therapy Student Organization <http://www.uga.edu/rhotau/>

Omega Tau- The University of Georgia's Pre-Occupational Therapy Student Organization Email: ugaomegatau@gmail.com

Sports Medicine Club Email: ugasportsmedicineclub@gmail.com

Pre-Physician Assistant Club Email: ugaprepaclub@gmail.com

Student Professional Association of Georgia Educators (SPAGE) <http://www.pagefoundation.org/spage/>

To find additional clubs and organizations, go to the Center for Student Organizations at- <http://stuorgs.uga.edu/find/index.html>

Connect with your Career Consultant <http://career.uga.edu/contact#careerconsultants>

Employment Websites

GENERAL:

CareerSearch http://career.uga.edu/resources/online_resources (Research employers by location and/or industry)

DAWGlink www.career.uga.edu/ (login with your UGA MyID and password)

GoinGlobal (To access GoinGlobal, login to your DAWGlink account)

Idealist www.idealists.org/ (nonprofit jobs)

USAJobs www.usajobs.gov/ (federal jobs)

MAJOR/CAREER SPECIFIC:

Georgia Athletic Coaches Association <http://gacacoaches.com/#JobOpenings>

Georgia Charter Schools Association <http://www.gacharters.org>

Georgia Department of Education <http://www.doe.k12.ga.us/>

Georgia Independent School Association <http://www.gisaschools.org>

National Strength & Conditioning Association <http://www.nasca.com/Home/>

The Corporate Health & Wellness Association <http://www.healthandwellnessassociation.com/>

Collegiate Strength & Conditioning Coaches Association <http://www.cscga.org/>

National Sports Employment News <http://www.sportsemploymentnews.com>

National Academy of Sports Medicine <http://www.nasm.org>

Register onto SchoolSpring <http://www.schoolspring.com/>

Southern Teachers Agency (private schools) <http://www.southernteachers.com/>

Teachers-Teachers jobs <http://www.teachers-teachers.com>

TeachGeorgia Georgia's Official Teacher Recruitment Website <http://www.teachgeorgia.org/home.aspx>

Professional Information Resources

Aerobic and Fitness Association of America <http://www.afa.com/>

American Alliance of Health, Physical Education, Recreation and Dance <http://www.aahperd.org>

American Association of School Administrators <http://www.aasa.org/>

American Federation of Teachers <http://www.aft.org/about/>

American Fitness Professionals and Associates <http://www.afpafitness.com/>

American Heart Association <http://www.heart.org/HEARTORG/>

American Physiological Association <http://www.the-aps.org/>

Association for the Advancement of Applied Sport Psychology <http://www.aaasp.org>

International Sports Science Association <http://www.issaonline.com/>

Medical Fitness Association <http://www.medicalfitness.org>

National Education Association <http://www.nea.org/index.html>

Tip: Join LinkedIn groups that are related to your career interest. Need help finding groups? Check out the Groups You May Like link under the Interests/Groups tab. Review the groups that professionals in your field of interest have joined and consider joining them as well.

Additional Career Consultant Recommendations:

How to Pursue Additional Careers in Education:

Seeking jobs outside of teaching and/or education?

Additional career opportunities with an Education degree are out there! First, you need to consider a few things:

1. What are your interests?
2. What skills and abilities have you been using in your current job?
3. Who is in your network?

What are Your Interests?:

Several Interest inventories exist that can help you clearly assess your interests. The Career Center offers the *Strong Interest Inventory*, *TypeFocus*, and *Focus 2*, which can be used for this purpose. For additional information on these assessments, go to http://career.uga.edu/majors_careers/assessments.

In addition, the O-Net (<http://www.onetonline.org/>) can be used to informally assess interests and match interests with careers.

What are Your Skills and Abilities?:

In your previous or current jobs or experiences, you have utilized and/or mastered skills that you've enjoyed. Consider your involvement in a campus or community organization. Did you enjoy using interpersonal skills, public speaking, organizational skills, or event planning? Using the list below of typical skills used in education, **highlight those that apply to you.**

- Instructing/Training
- Learning Strategies
- Speaking
- Active Listening
- Adaptable/Flexible
- Use of technology
- Critical Thinking
- Judgment and Decision Making
- Reading Comprehension
- Social Perceptiveness
- Time Management
- Organizing, Planning, and Prioritizing Work
- Getting Information/Research
- Communicating with Supervisors, Peers, or Subordinates
- Coaching and Developing Others
- Establishing and Maintaining Interpersonal Relationships
- Updating and Using Relevant Knowledge
- Documenting/Recording Information
- Thinking Creatively
- Identifying Objects, Actions, and Events
- Communication skills
- Collaboration
- Patience

Who is in YOUR Network?:

Do you know family or friends who are in a career that you find interesting or exciting? Set up an informal informational interview with him or her and find out about the ins and outs of the job. Is it possible for you to shadow him or her for a day/week? Remember, it's impossible for someone to help you if you're not asking for help.

What are other UGA Education Graduates doing?

Get inspired! Seek out other UGA Education graduates who have made a career move.

[LinkedIn](#) is a great way to explore additional careers. Join the **University of Georgia Alumni Association Group** on LinkedIn to connect with members.

Additional Careers:

- Education Administration
- Instructional Coordinator
- Sales Executive
- Marketing Manager
- Academic Advisor
- Corporate Trainer
- Education Policy Advisor
- Distance Education & Instructional Designer
- eLearning Developer
- Education/Outreach Coordinator
- Event Planner
- Educational Research Associate
- Camp Director