

Evan Exercise

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OBJECTIVE

Obtain an internship with Velocity Sports Performance Group to apply my research experience and expand my knowledge in the field of exercise science and sports medicine.

EDUCATION

University of Georgia Athens, GA
Bachelor of Science in Education May 2023
Major: Exercise and Sport Science GPA: 3.80/4.00

SHADOWING EXPERIENCE

UGA Career Center Education Excursion Atlanta, GA
Shadowing March 2022

- Explored healthcare careers with professional networking visits to the Georgia Department of Public Health, Shepherd Center, and Children's Healthcare of Atlanta
- Attended 3 panels with public health professionals, physical/occupational therapists, speech language pathologists, rehabilitation therapists, and child life specialists
- Gained insight regarding collaborative and interdisciplinary approaches to healthcare
- Accompanied professionals on site tours and observed daily protocol, patient interactions, and use of assistive technology and rehabilitative devices

Athens Sports Care Center and Rehab Athens, GA
Shadowing August 2021 - May 2022

- Assisted patients in 1-hour appointments with stretching and exercises for 15 hours weekly
- Recorded and filed daily logs of patients' activities and progress
- Prepared patients and equipment for electrical stimulation treatments
- Applied ice, heat packs, and proper wrappings for patients

RESEARCH EXPERIENCE

Non-Invasive Exercise Muscle Physiology Lab Athens, GA
Research Assistant August 2022 – Present

- Study how activity and inactivity influence health of people with chronic diseases
- Gather arm and leg cardiovascular measurements to determine muscle blood flow
- Use equipment to assist electrical stimulation training of people with spinal cord injuries

LEADERSHIP EXPERIENCE

UGA Sport Management Club Athens, GA
President January 2022 - Present

- Lead 75+ members in bi-weekly meetings through industry discussions
- Recruit club members and appoint all 5 officer positions
- Oversee fundraising efforts with a team of 4, raising \$300 per semester
- Write and send weekly emails to Correspondence Officer for distribution to club members

Member August 2020 - Present

- Build relationships with local business leaders in the sports management field
- Network with professionals in the field by attending bi-monthly Networking Nights

Athens-Clarke County Parks and Recreation Athens, GA
Basketball Camp Coach/Coordinator May-July, 2021 - 2022

- Instructed 60-70 1st – 9th grade athletes on skills development for 10-12 hours weekly
- Designed 90-minute interactive sessions to help youth understand safe techniques
- Collaborated with 4 coaches in a team-related environment
- Created camp schedules for distribution to coaches, referees, and volunteers